



You have been selected to join the
CAMH SCOPE Mental Health Program

CAMH offers curated care modeled on the successful SCOPE Mental Health Program in Midwest Toronto
(e.g., Mental Health Navigation & Support, Psychiatry)

How to get started?

You can start referring your patients immediately using the attached forms:

1. **Provider handout:** lists referral instructions (click [here](#))
2. **Patient handout:** to be given to your patients after you refer them, so they can call to activate their referral (click [here](#))
3. **MH Case Examples:** to demonstrate what we can help with (click [here](#))
4. **Mental Health Guide:** a list of community resources – this can also be shared with your patients. Mental Health Navigators will assist your patients in identifying specific resources that will be helpful for them (click [here](#))

You can also email madeline.maio@camh.ca to arrange a call or virtual visit with the Mental Health Navigator to get started with CAMH SCOPE Mental Health.

The provider handout provides instructions on how to fax referrals and interact with the team. Though OCEAN e-referral will be helpful, it is not a requirement at this time. We can offer assistance to get your practice onto OCEAN e-referral when you are ready for this support.

The SCOPE Mental Health Program successfully supports over 100 primary care providers

"I want to say what a blessing you have been for me and my patients! The psych coordination service is extremely helpful, and you have done a tremendous job in reaching out to my patients. They all have been very thankful for your efforts."

"If not for this suggestion, I would have had to use my own office time and resources to do research and refer to a psychiatrist - both could delay assessment of the patient." – for a patient who was assessed by SW and ultimately benefited from community counselling services."

CAMH offers a SCOPE Mental Health Program to extend to more PCPs registered with Midwest Toronto SCOPE

(who are not already affiliated with the SCOPE Midwest Mental Health Program via WCH)

What you get:

- Low barrier, simple referral process
- Direct curated care with a dedicated [Mental Health Navigator](#) & [Psychiatrist](#)
- Dedicated SCOPE referral pathway for quicker processing
- Co-managed care with you at the helm

- A point person, the Mental Health Navigator, to assess and triage your referrals, provide service navigation and inventory of resources, bridging support with brief case management and short-term counselling as needed
- Rapid consultation with a known Psychiatrist to help with medication management and advice on patients living with complex mental health needs
- Closing the loop with you so that you are aware of patient outcomes
- Ability through our SCOPE platform for strong collaboration and communication so that you can help build and improve this program

Let us know what you need to feel more supported

We want your feedback on how to better serve you and your patients. Email SCOPEhub@uhn.ca with your suggestions.

We look forward to hearing from you and to building better mental health support together.

- Madeline Maio, OT Reg., Tom Domjancic, OT Reg., and Dr. Mina Husain

This email was sent to <<Email Address>>

[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)

SCOPE · Women's College Hospital · 76 Grenville Street · Toronto, ON M5S 1B2 · Canada