

Diabetes Management, Pre-Diabetes, and Prevention Support:

Diabetes Management Teams (includes a nurse and dietitian) can provide ongoing support to you and your patients to help develop and manage individual care plans that include:

- Decision support incorporating best practice recommendations and client's situation considerations (e.g. regarding insulin/medication use, screenings, other services etc.)
- Insulin start/stop and adjustments to dose using insulin order sets or medical directives
- Teaching for self-monitoring, self-management, and healthy behaviour changes
- Connecting clients to additional resources (e.g. mental health, chiropody, housing)

Diabetes Eye Screening (Teleophthalmology Program) can screen patients for retinopathy, send the report to the provider, and help arrange treatment if needed.

Choose Health Self-Management Program offers trained peer facilitators who support patients to learn and practice self-management skills including goal setting and problem solving.

Diabetes Prevention Programs include specialty trained nurses and/or dietitians who screen patients for type 2 diabetes and help provide recommendations to reduce risk.

Programs are also available with specialized focus for populations: Aboriginal, Chinese, Francophone, racialized women of colour, and South Asian. Visit the website for information about diabetes support for children and youth through the [Pediatric Diabetes Network](#).

Some of the resources available to primary care providers:

[Diabetes Risk Assessment Tools](#) (CANRisk tools in a variety of languages)

[Prescription pads for Insulin](#) (includes options to select titration doses)

[Patient handouts](#) (educational handouts on large selection of topics)

[Endocrinology Referral information](#) (specialist contact and service details are listed)

Referrals can be made [by fax, on-line submission, through the mail, or over the phone](#). The online form features multiple expanding menu options that allow the referrer to select individual programs, upload relevant documents (labs results, medical history, consult reports), or to submit a general request for diabetes services if not familiar with programs.

To refer or to receive more information visit www.TorontoDiabetesReferral.com or call **416-778-0676 x 242**. Programs are Free. No OHIP required.

Services are offered in many languages and professional interpretation is provided when necessary.